

Need to talk?

Anna Chaplains are here for you.

Later life has plenty of challenges... especially if you're facing it alone.

No older person should feel isolated – we all deserve to enjoy peace and companionship. Even if our bodies or minds aren't always working quite as they used to, later life can still feel meaningful.

We're Anna Chaplains, and we're here to help.



Who are Anna Chaplains?

Anna Chaplaincy is a nationwide network of men and women committed to the spiritual care of older people. Anna Chaplains belong to a local church or similar organisation, and we help people of all faiths and none.

We're named after a character from the Bible: an eighty-four-year-old woman who welcomed the baby Jesus to the temple. We take Anna's quiet yet powerful contribution as an inspiration to all of us for later life.

What do Anna Chaplains do?

We visit older people in the community – in their own homes and in care homes. Above all we will listen to you, and perhaps reflect on your life story with you. If you like, we will pray with you or read the Bible together.

We also offer a listening ear to family and other carers. If needed, we can support them too, and signpost other help that's available.

Some Anna Chaplains may be able to lead short, accessible church services in care homes. This might include **Messy Vintage** – a creative, gentle form of worship suitable for people of all abilities including those living with dementia.

'Our role is to value older people, give them a voice, keep them connected and accompany them on their journey'

An Anna Chaplain

What older people say about Anna Chaplains

‘I feel very close to her as a friend’

‘Her thoughtfulness translates into practical things’

‘She provides the link between past and present’

‘I think the support is mutual’

What carers say about Anna Chaplains

‘People feel happier at the end of a visit’

‘Sometimes I feel something special has happened’

‘She helps me stay strong’

How are Anna Chaplains trained?

Anna Chaplains are trained in offering spiritual support to older people by the Anna Chaplaincy team at BRF – a UK-registered Christian charity. Anna Chaplains may be working in a paid or unpaid role, and are sometimes supported by volunteer Anna Friends. Many have had experience of working in healthcare, education, pastoral care or church ministry.

BRF’s Anna Chaplaincy leadership team trains and supports the national Anna Chaplaincy network and champions older people’s ministry more widely.

(You can find out more at annachaplaincy.org.uk.)

How do I get in touch with my local Anna Chaplain?

Your local Anna Chaplain would love to hear from you. Please get in touch...

If you have any general questions about Anna Chaplaincy for Older People, please get in touch with the BRF team on **01865 319700** or email annachaplaincy@brf.org.uk

 annachaplaincy.org.uk

 facebook.com/annachaplaincyBRF

You can donate to Anna Chaplaincy at brf.org.uk/donate



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